

GOLDEN ELITE STUNT

Northern California

FALL 2026 SEASON INFORMATION

Welcome to Golden Elite STUNT

Golden Elite STUNT is Northern California's premier STUNT the Sport training and competition program. We are committed to building athletes the right way — providing a structured, high-level environment that supports long-term growth as competitors, teammates, and leaders.

At Golden Elite STUNT, we take a calculated approach to athlete development, offering intentional leadership and guidance from an unmatched, highly experienced staff. Our goal is to create a challenging yet rewarding experience where every athlete understands what it means to be part of a competitive sports team.

Our Philosophy

Golden Elite STUNT is committed to serving as a leading resource for youth and high school STUNT programs throughout Northern California. Our philosophy is rooted in collaboration — our first priority is developing each athlete to their fullest potential, building skill, confidence, and character that carries beyond the gym. Alongside that, we are committed to strengthening the broader STUNT community by sharing expertise, and contributing to the sustainable growth of the sport we love.

What Is STUNT the Sport?

STUNT is one of the fastest-growing female sports in the country — a head-to-head 4-quarter format based on traditional cheerleading skills.

Each quarter highlights a specific skill set:

- Quarter 1: Partner Stunts
- Quarter 2: Pyramids & Tosses
- Quarter 3: Jumps & Tumbling
- Quarter 4: Team Routine

A full game runs 45–60 minutes.

Learn more: www.stuntthesport.org

AGE DIVISIONS

Division	League Ages	League Age As Of	Notes
8U	Ages 5–8	June 1, 2026	May be a developmental team
11U	Ages 8–11	June 1, 2026	
14U	Ages 11–14	June 1, 2026	
18U	Ages 14–18	June 1, 2026	New for Fall 2026!

! League age is determined by the athlete's age as of June 1, 2026 — NOT their age at the time of tryouts.

Please refer to the USA Cheer League Age Grid to confirm your athlete's division.

8U/11U/14U team will consist of anywhere between 8–16 athletes.

18U will consist of anywhere between 8–24 athletes.

Game and tournament schedules are typically released in September. Specific game times and locations are NOT confirmed until the week of each event.

This is standard practice across the STUNT industry.

TRYOUTS / EVALUATIONS

Team Placement Announcements

Placement emails will be sent by 10 PM on June 7th and will include finalized practice schedules and times.

Evaluation Dates

SESSION 1

Friday, June 5th

6:00 PM – 8:30PM

Check-in opens at 5:30 PM

SESSION 2

Saturday, June 6th

9:00 AM – 11:30 AM

***Must attend both sessions**

What to Expect

- Athletes demonstrate skills in stunts, jumps, and tumbling.
- Athletes are evaluated based on the skills they currently demonstrate and their ability to pick up and apply new skills during placements

What to Bring

- Water bottle
- A positive attitude and willingness to learn

What to Wear

- Athletic shoes (cheer shoes preferred)
- Athletic clothing
- Hair pulled back

Evaluation Fee

\$40 per athlete — includes tryout T-shirt.

Paid online through AMILIA before the tryout date.

TUITION & PRICING

Monthly Tuition — STUNT-Only Athletes

Division	Monthly Tuition	Months	Total Tuition
8U	\$199 / month	July – December (6 months)	\$1,194
11U	\$199 / month	July – December (6 months)	\$1,194
14U	\$199 / month	July – December (6 months)	\$1,194
18U	\$199 / month	July – December (6 months)	\$1,194

Monthly Tuition — Current 26-27, Golden Elite All-Star Full-Year Athletes

Division	Monthly Tuition	Months	Total Tuition
8U	\$149 / month	July – December (6 months)	\$834
11U	\$149 / month	July – December (6 months)	\$834
14U	\$149 / month	July – December (6 months)	\$834
18U	\$149 / month	July – December (6 months)	\$834

Tuition is due on the 1st of each month. Late payments may affect an athlete's active roster status.

Required Costs

Item	Cost	Due
Tryout / Evaluation Fee (includes T-shirt)	\$40	By tryout date — paid through AMILIA
Registration Fee (includes 3 routine camps)	\$300	June 10th
USA Cheer STUNT Membership —	\$30 (New) \$25 (Returning)	Will be completed at Signing Day on June 28th
Athlete Items (practice tank, compression shorts, warm-up pant, warm-up jacket w/name, black jersey, white jersey, backpack w/name, hoodie, scrunchie) — Shoes not included; all-white cheer shoes required	\$650*	July 15 th \$325 August 15 th \$325
Tournament & Game Registrations	~\$335**	Sept 15th

***Additional tournament or post-season fees may apply if extra events are added — typically under \$250 total.*

**Returning athletes will not need to purchase items they already have from a prior season, provided they are still in good condition and meet current team standards. Tournament fees are estimates; additional post-season fees may apply. Please note that teams and athlete numbers may change, which could affect item requirements.*

PRACTICE SCHEDULE

Exact practice days and times for all teams will be announced once teams are finalized after evaluations. All teams practice on Sundays.

Division	Practice Structure	Notes
8U	One 2.5-hour Sunday practice (9:00 AM–3:00 PM window)	Exact time announced after team placement
11U, 14U & 18U	One 3-hour Sunday practice (9:00 AM–3:00 PM window)	Exact time announced after team placement

Practices are held on Sundays throughout the season. On weeks where Sunday falls on a holiday or conflicts with a game or tournament schedule, a weekday practice will be substituted. All schedule updates will be communicated in advance via the BAND app.

Fall 2026 Practice Dates

June 14	June 28 ★ Practice & Signing Day	July 12	July 19
July 26 ★ Routine Camp	Aug 2 ★ Routine Camp	Aug 9	Aug 16 ★ Routine Camp
Aug 23	Aug 30	Sept 13	Sept 20
Sept 27	Oct 4	Oct 11	Oct 18
Oct 25	Nov 1	Nov 8	Nov 15
Nov 22	Nov 29	Dec 6	Dec 13
Dec 20			

★ Highlighted dates indicate special events

ATTENDANCE POLICY

Regular, consistent attendance is a core expectation at Golden Elite STUNT. STUNT is a team sport — every athlete's presence at practice directly affects the preparation and performance of the entire team.

Expectations

- Athletes are expected to attend all scheduled practices, routine camps, games, and tournaments.
- If an athlete must miss a practice, coaching staff should be notified by email as far in advance as possible.
- Life happens — we understand. However, repeated or unexcused absences will be addressed directly with the athlete and family.

Impact of Missed Practices

- Missed practices may directly affect an athlete's play assignments and active competition participation.
- Athletes who miss practice may be moved to an alternate role or removed from the team at coaching staff discretion.
- Ongoing attendance concerns may result in removal from the team.
- Athletes are NOT guaranteed competition time based on enrollment alone — active participation and consistent attendance are required.

REFUND & WITHDRAWAL POLICY

Golden Elite STUNT operates as a competitive team sport program. When an athlete commits to a team, resources are allocated and roster decisions are made on their behalf. As a result, all fees paid to Golden Elite STUNT are non-refundable once processed.

Non-Refundable Fees

- Monthly tuition — once charged on the 1st of the month, no refunds for any reason.
- Registration fee (\$300) — non-refundable once paid, regardless of whether the season has begun.
- Practice wear, warm-ups & game day jerseys — all apparel orders are final once placed. No refunds or exchanges.
- Tournament and game registration fees — non-refundable once submitted.
- USA Cheer STUNT membership fee — non-refundable per USA Cheer policy.

Withdrawal from the Program

- Families wishing to withdraw must submit written notice to the Golden Elite STUNT director.
- Written notice does not entitle a family to any refund of fees already paid.
- Monthly tuition continues to be charged through the month in which written notice is received, unless submitted at least 7 days before the next billing cycle.

! The seasonal commitment runs from Mid-June to December 2026, with tuition billed in monthly installments. A 30-day written withdrawal notice is required to end participation, and there are no exceptions to this refund policy — including for injury, scheduling conflicts, relocation, or personal circumstances — unless otherwise required by applicable law. Third-party fees such as uniforms, practice gear, routine camps, and game/tournament registrations are non-refundable. A medical pause is allowed with doctor documentation for absences of 30 days or more. Starting in June 2025, Amilia — our enrollment, registration, scheduling, and communication platform — will add 3.99% to all payments and charges; this fee is collected by and goes directly to Amilia for use of their platform. We strongly encourage families to carefully consider the full season commitment before registering.

Payment Default Policy

If tuition or fees become delinquent:

- The account may be suspended.
- The athlete may be ineligible to practice or compete.
- Past due balances may be sent to collections.
- The account holder is responsible for reasonable collection costs as permitted under California law.
- Golden Elite STUNT reserves the right to deny participation until the account is brought current.

Chargeback & Payment Dispute Policy

By enrolling, the parent/guardian agrees not to initiate a chargeback for properly disclosed tuition, fees, or seasonal commitments.

In the event of a chargeback, Golden Elite STUNT reserves the right to:

- Suspend participation immediately.
- Recover disputed funds.
- Seek reimbursement for administrative and bank fees as permitted under California law.

GENERAL PROGRAM POLICIES

Sportsmanship & Conduct

All athletes, coaches, and family members are expected to represent Golden Elite STUNT with professionalism, respect, and integrity at all times — in the gym, at competitions, and on social media.

Negative behavior or conduct unbecoming of a Golden Elite athlete may result in suspension or removal from the program without refund.

Social Media

Athletes and families are encouraged to share positive content related to the program.

Posting negative comments about coaches, teammates, other programs, or officials on any social media platform is prohibited and will get you removed from the program.

Communication

All official program communications will be sent via email and/or the BAND app.

Parents and guardians should always keep contact information current in the AMILIA system.

Coaching staff should not be contacted via personal social media for program-related matters.

ATHLETE DEVELOPMENT & PROGRAM FIT

At Golden Elite STUNT, we are committed to the growth and development of every athlete in our program. We invest in building well-rounded competitors who develop across all four quarters of the sport — and we take that responsibility seriously.

That said, we want to be transparent with families as they consider whether our program is the right fit. STUNT is a multi-skill sport, and success within it requires dedication to growth in all areas — stunting, pyramids, jumps, tumbling, and team performance. If flying is the primary motivation for joining, we encourage families to carefully reflect on that before committing. Limiting an athlete's engagement to a single skill not only restricts their individual development but also affects the team as a whole.

We welcome athletes who are eager to grow, coachable, and committed to the full scope of what this sport demands. A mindset centered on one role or one skill — rather than on becoming the best all-around athlete and teammate possible — is not something we are able to accommodate in this program.

We say this not to discourage participation, but because we believe every athlete deserves a program where they can truly thrive. We want Golden Elite STUNT to be that place — for the right athlete and the right family.

Questions? We're here to help.

Contact Program Director Bri Larson

bri@goldenelitestunt.com

Golden Elite STUNT • Northern California • www.stunththesport.org

PRE-REGISTER FOR TRYOUTS AT

<https://app.amilia.com/store/en/GEA/api/Activity/Detail?activityId=yQ9GvMw>